

## MENTORING FOR TEEN BOYS & YOUNG MEN

I provide a unique 1-1 mentoring relationship for teen boys and young men who need guidance on the path of independence, responsibility and adulthood. My role is one-part big brother, one-part trusted friend, one-part Sensei. If he, you and myself all agree it's a good fit, I'll be a significant adult in his life who's there to help him figure out what he wants, clear the obstacles in his way, and develop the confidence needed to make it happen.

### HOW IT WORKS

- We'll talk in person, or by phone, Skype or Facetime on average 4-5 times a month. We'll also text on a regular basis.
- He will have access to me as needed. I'm not counting minutes; I'm focused on helping him get results.
- I will check in with you as his parents as needed (typically monthly).
- Please be prepared to make a one-year commitment. It may be less, but it's important that you're comfortable with this timeframe from the outset, both for managing expectations and budgeting purposes.
- If we determine that additional services are needed (i.e. academic or psychological testing, academic tutoring, college counseling, etc.) I will help you find top quality resources, many of whom are likely already in my personal network.

INVESTMENT: \$2000/MONTH

## PERSONALIZED COACHING FOR PARENTS

If we can't engage your son in a 1-1 relationship with me, but you're willing to try some different strategies in how you approach him, I can help you move the situation in the right direction. Through working together I can help you decrease conflict, improve your relationship, and get him to begin taking responsibility for his life and future.

### HOW IT WORKS

- We'll talk in person, or by phone, Skype or Facetime on average 3-4 times a month. We'll also text and/or email on a regular basis.
- You will have access to me as needed. I'm not counting minutes; I'm focused on getting results. You will have me in your corner.
- Please be prepared to make a 4-month commitment. It may be less, but it's important that you're comfortable with this from the outset, both for managing expectations and budgeting purposes.
- If we determine that additional services are needed (i.e. academic or psychological testing, academic tutoring, drug & alcohol treatment, college counseling, etc.) I will help you find top quality resources, many of whom are likely already in my personal network.

### INVESTMENT

- **\$2,000/month** *under most circumstances*
- **\$3,000/month** *if your family is in crisis and requires intensive, ongoing support. I will let you know if I think this is the case when we speak.*